

# Drug Delivery Systems in Women's Health

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# Women's health: Burden of disease

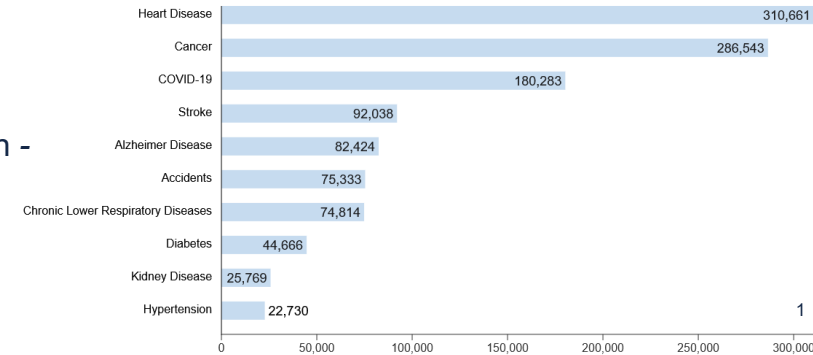
## Primary causes of disease in women and unmet needs

- ❖ **Cardiovascular disease** (35% of all ♀ deaths; more fatal for women)
- ❖ **Cancers** (2.3 million breast cancer diagnoses/year; cervical cancer - 100% preventable, yet ~350k women die from it annually)
- ❖ **Dementia/Alzheimer's** (majority women; fastest rising ♀ cause of death - tripled 2020-2021)
- ❖ **Autoimmune diseases** (80%+ of patients are ♀; e.g., lupus, MS, RA)
- ❖ **Maternal health complications** (esp. in LMIC; 287,000 deaths/year)
- ❖ **Reproductive system conditions** (endometriosis, fibroids, PCOS)
- ❖ **Mental health** (depression: women 2x as likely as men)

- Several conditions (CVD, depression, autoimmune) **affect women > men**
- Women **spend more years living with disability** (26% more YLD than men)<sup>2</sup>

- ❑ Under-diagnosis, under-treatment, less clinical trial data for women
- ❑ **Lack of new, targeted, user-centered therapies for many conditions**
- ❑ Several research gaps, esp. in pregnant women

Leading causes of death, all races and origins, females, all ages, 2021



Cardiovascular disease in women

**35%**

of all deaths in women worldwide are caused by cardiovascular disease

**275 million**

women were diagnosed with cardiovascular disease in 2019

**8.9 million**

women died from cardiovascular disease in 2019



Cardiovascular disease among women is

**understudied, under-recognised, underdiagnosed, undertreated, and women are under-represented in clinical trials.**

Read more:

[The Lancet women and cardiovascular disease Commission: reducing the global burden by 2030](#)

THE LANCET

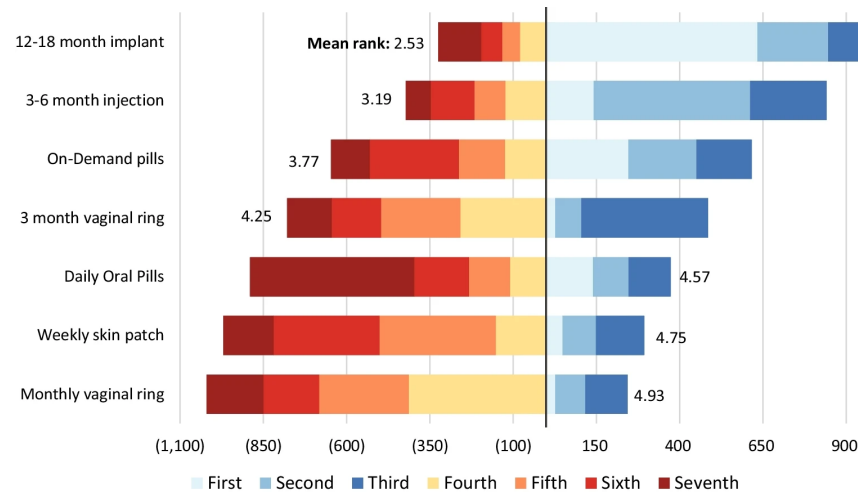
The best science for better lives

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# Product choice supports better adherence and effectiveness

- ❖ **Drug Delivery Systems and HIV Prevention:**
  - Clinical trials have shown significant improvements in adherence and efficacy for women using LA DDS

| Discover Trial <sup>3</sup>                                       | Men | Daily Oral Descovy | Purpose I Trial <sup>4</sup>                           | Women | Daily Oral Descovy |
|-------------------------------------------------------------------|-----|--------------------|--------------------------------------------------------|-------|--------------------|
| High Adherence (98% by pill count; 78-82% by self-report @96 wks) |     |                    | Low Adherence (Only 16% medium/high adherence @52 wks) |       |                    |
| High Efficacy (0.14 infections/100 PY)                            |     |                    | Low Efficacy (2.02 infections/100 PY)                  |       |                    |
|                                                                   |     |                    |                                                        |       |                    |
| HPTN-083 <sup>5</sup>                                             | Men | CAB-LA             | HPTN-084 <sup>6</sup>                                  | Women | CAB-LA             |
| Coverage: 91.5% person-years covered                              |     |                    | Coverage: 93% person-years covered                     |       |                    |
| Efficacy: (0.41 infections/100 PY)                                |     |                    | High Efficacy (0.2 infections/100 PY)                  |       |                    |



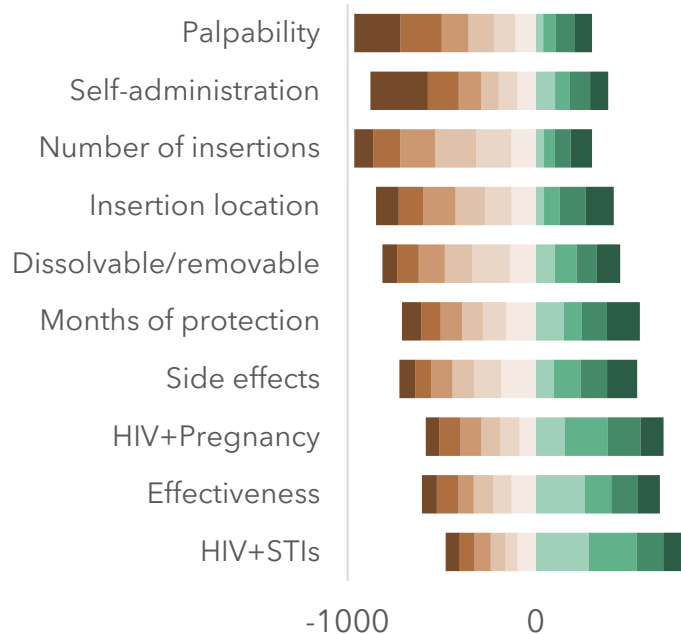
**Women's preferences:** In the HIV space, women express desire and an **unmet need** for long-acting and on-demand products with flexible pre- or post-coital use and user-control

# End user research informs product development

## Women's preferences (systemic dosage forms):

- **Discrete choice experiments (DCE)** provide data on product preferences based on trade-offs, highlighting the weight of certain parameters such as dosage form, insertion/injection location, number of injections, dual-protection, and palpability
- **Different demographics** show varied as well as overlapping preferences
- **Choices change with use** of a prototype product

## PrEP Product Rankings



# Drug delivery systems in Women's Health R&D



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## Properly informed and developed DDS tailored to specific API and TPP can:

- Appeal to end users enhancing adherence and persistence
- Facilitate administration
- Deliver API to the target site of action
- Control release
- Preserve/increase stability
- Increase/decrease absorption
- Prolong therapeutic levels
- Mitigate adverse effects and local reactions

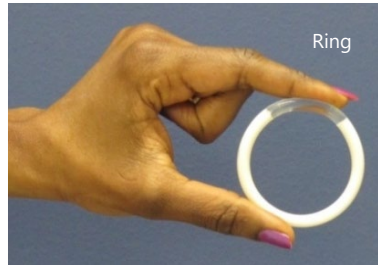
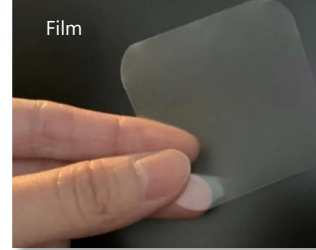
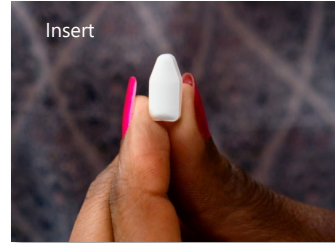
## DDS in WH R&D:

- ❖ **FRT drug delivery** (reprod tract)
  - Vaginal rings
  - Inserts, pessaries, films
  - Gels, creams
  - Intra-uterine devices
- ❖ **Systemic drug delivery**
  - Oral tablets (daily, monthly)
  - Injectables
  - Implants
  - Transdermal patches

# Product R&D Portfolio in WH

## Drug delivery in the reproductive tract (local) - Examples

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# CONRAD PORTFOLIO

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VAGINAL DELIVERY – INSERTS & RINGS



# Vaginal Insert for On-Demand Protection

- Would provide women with a **additional DDS option** – **event-driven product**

For **all women at risk**,  
especially **AGYW**  
having infrequent  
or clustered sex

Inserted by user into the  
**vagina**  
**before sex**

**Highly discreet,**  
**portable and**  
**easy-to-use**

**Proven API in simple,**  
**scalable low-cost**  
**formulation** (may be  
combined with other APIs)

To **prevent HIV, unplanned**  
**pregnancy**  
**(and potentially other STI)**  
when applied vaginally

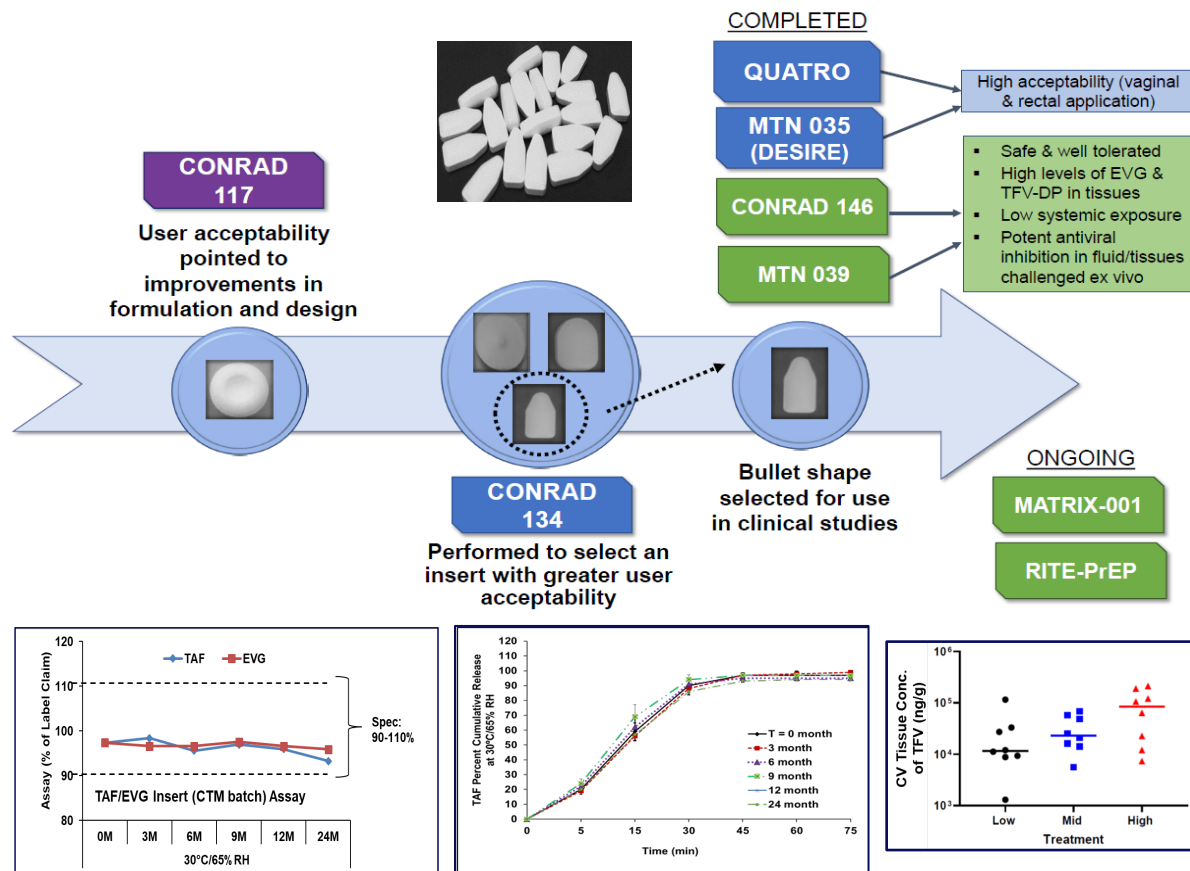
- ✓ **Fewer doses and side effects** expected than oral/systemic products
  - *Low systemic exposure → drug where and when you need it → Potential future OTC*



## Key Features

- + **Product characteristics** → iterative design (in vitro, rats, NHP, humans), small, portable, solid dosage form; FDA-approved, safe & low-cost excipients
- + **Manufacturing** → simple / robust direct-compression with limited number of processing steps
- + **Physicochemical attributes** → a balance of fast disintegration (for immediate drug release) and mechanical integrity (better handling and packaging feasibility of the final product)
- + **Stability** → no cold chain storage or distribution required; projected shelf life of >2 years if stored  $\leq 30^{\circ}\text{C}/65\%\text{RH}$
- + **Scale-up development** → successfully translated to clinical manufacturing; readily transferrable to LMICs
- + **Preclinical efficacy** → demonstrated protection against SHIV in NHP model with vaginal (PrEP and PEP) and rectal (PrEP; PEP ongoing) insert administration

## TAF/EVG and Platform Insert Evolution



# TAF/Elvitegravir Topical Inserts

On-Demand (PrEP or PEP) MPT for HIV & HSV  
Prophylaxis



CONRAD

## ❖ Fills important unmet need in HIV & MPT method mix

- Flexible on-demand, PrEP or PEP
- For vaginal or rectal use
- Low systemic drug exposure
- Economical; easy to manufacture
- Discreet, highly portable, easy to self-administer

## ❖ Preclinical & Clinical Proof-of-Concept demonstrated

- NHP SHIV challenge (vaginal PEP/PrEP, rectal PrEP) <sup>1</sup>
- CONRAD-146 (FIH **vaginal** PK/PD, single dose) <sup>2</sup>
- MTN-039 (FIH **rectal** PK/PD, single and double dose) <sup>3</sup>

## ❖ Expanded Phase I studies completed (MATRIX-001, RITE-PREP)

- Data under analysis

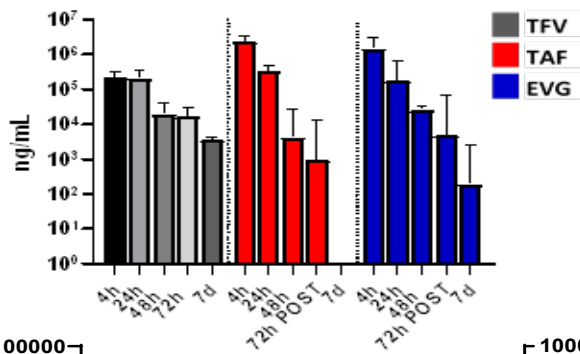
# Clinical Proof-of-Concept in FIH Studies

CONRAD 146 (single vaginal dose), MTN 039 (single or double rectal dose) – HIV Prevention (TAF/EVG)

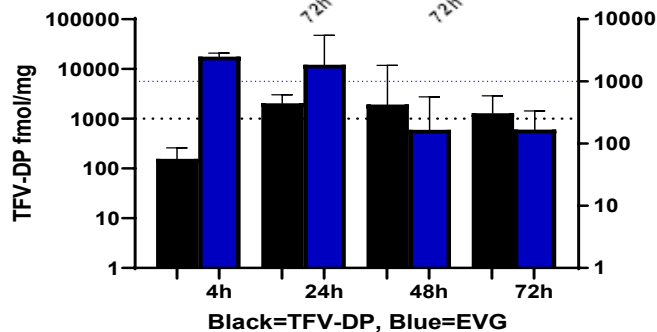
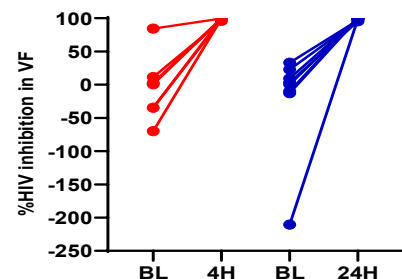
- Findings consistent across both studies:
- TAF/EVG insert was **safe, acceptable and well-tolerated**
- **High local concentrations** of TFV/TFV-DP, TAF and EVG in CV or rectal fluids and tissues
- **Low plasma exposure** compared to oral dosing
- **Modeled pharmacodynamics supports** antiviral activity against **HIV-1 and HSV-2** (vaginal) **for up to 24 (vaginal) or 72 hours** (rectal) compared to baseline

## Data from CONRAD-146, FIH vaginal PK/PD, single dose study

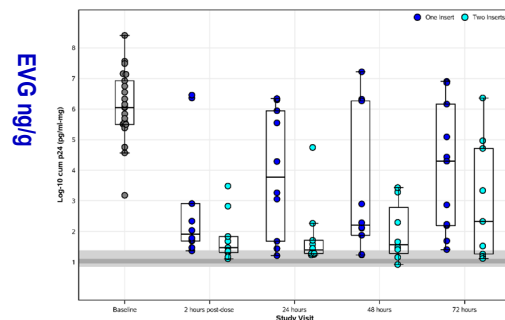
TFV, TAF and EVG in Vaginal Fluid s/p Single Dose



Change in VF HIV-1 Inhibition

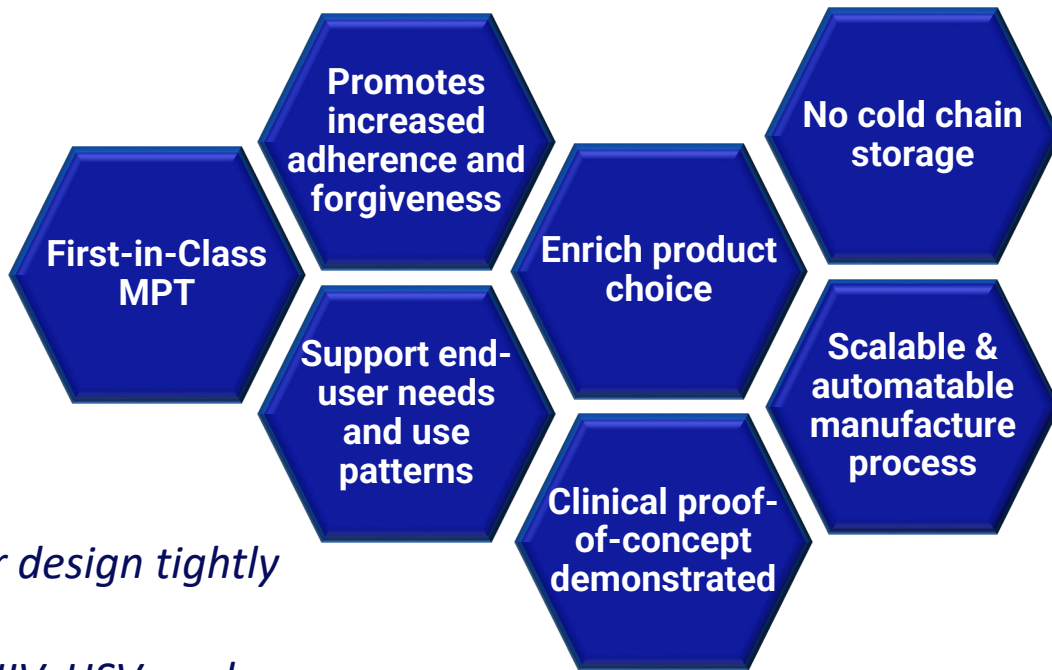
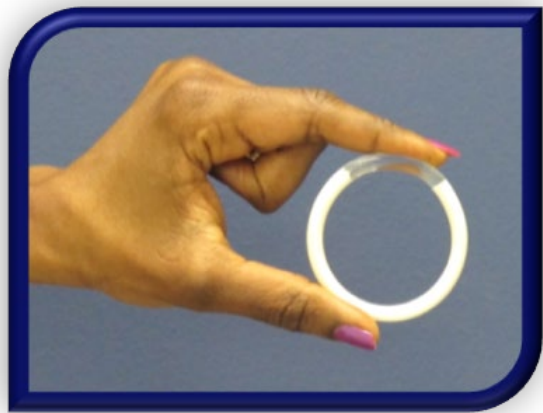


Change in RT HIV-1 Inhibition



# Tenofovir/Levonorgestrel Intravaginal Ring

## Value Added Long-Acting Contraceptive MPT (cMPT)



*Innovative polyurethane reservoir design tightly*

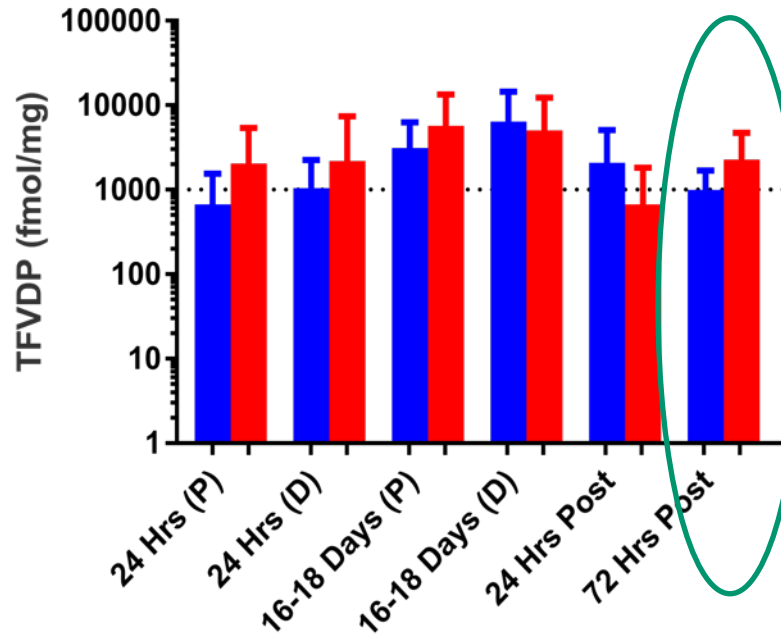
*Most advanced cMPT in the field*

*Designed for protection against HIV, HSV, and pregnancy*

# CONRAD-128 Study: First-in-Women Study

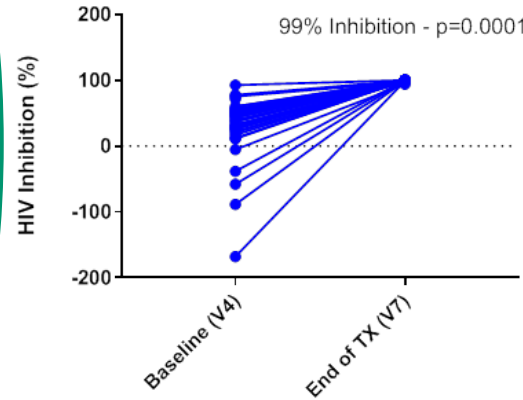
## Tenofovir PK & PD

### TFV-DP PK Vaginal Tissue

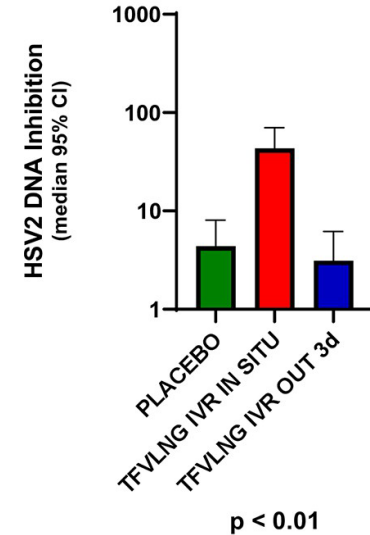


Blue Bars: TFV IVR (n=20) Red Bars: TFV/LNG IVR (n=20)

### HIV inhibition by CVF TFV and TFV/LNG IVR users



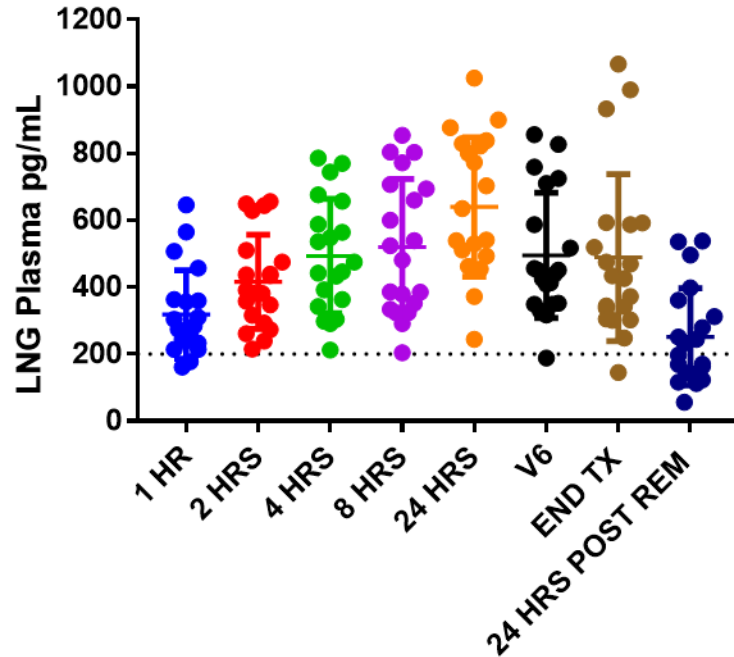
### a. HSV-2 DNA inhibition in CVF



# CONRAD-128 Study: First-in-Women Study

## LNG PK & PD

Plasma LNG (pg/mL) TFV/LNG IVR Users (n = 20)



### Contraceptive Surrogates:

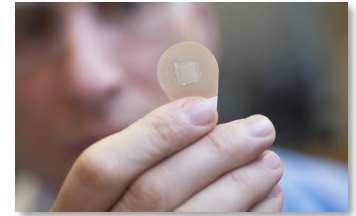
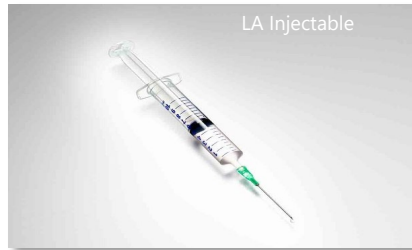
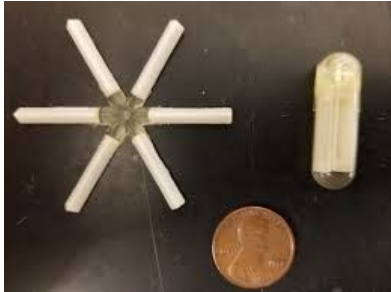
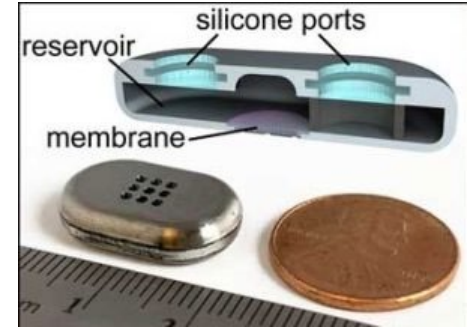
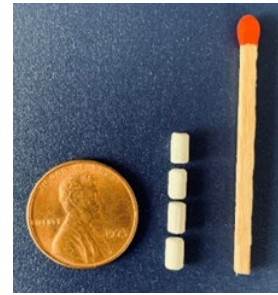
- Anovulation (P4 measured at day of ring removal)
- Cervical Mucus Score < 10/15
- Abnormal/Poor sperm penetration

### # of TFV/LNG IVR users met:

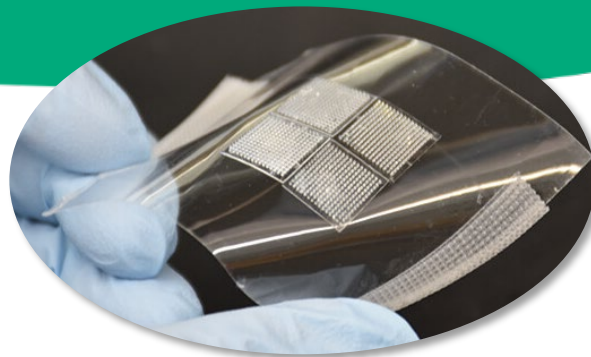
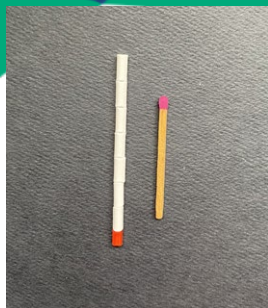
- 1 criterion = 100%
- 2 criteria = 95%

# Product R&D Portfolio in WH

## Systemic drug delivery - Examples





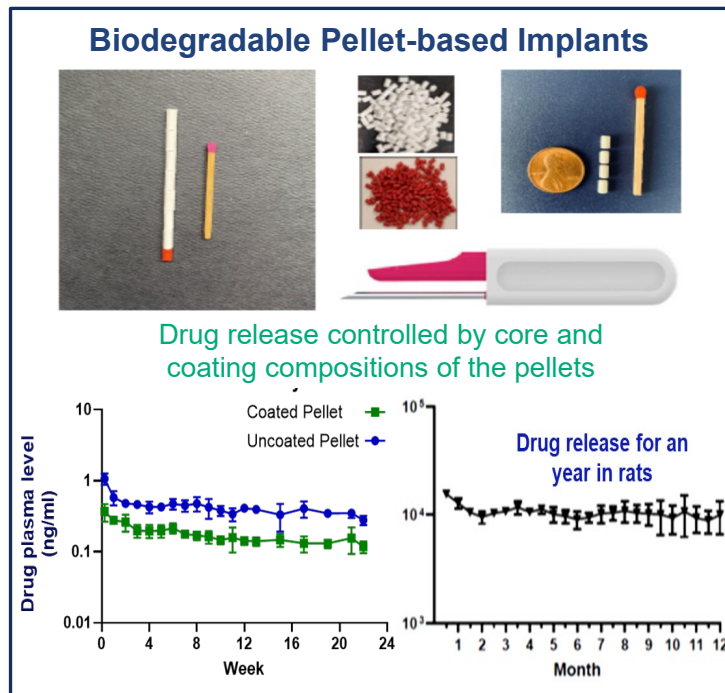


# CONRAD PORTFOLIO

SYSTEMIC DELIVERY – BD PELLETS, INJECTABLE DEPOT, MN  
PATCH

# Bioresorbable Pellet-based Implant Platform for Long-Term Controlled Drug Release

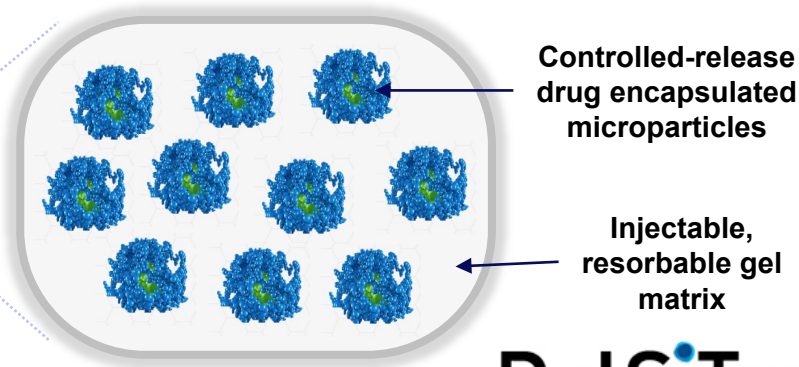
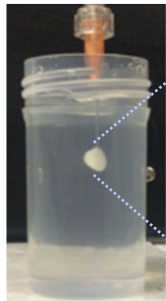
- ❖ **Bioresorbable:** No need for pellet removal; can be removed for a short duration (1-3 months) if medically warranted
- ❖ **Drug loading & controlled/extended-release:** Provides a high (up to 95% per pellet) drug loading; supports sustained and controlled drug release for up to 2 years
- ❖ **Flexible dose adjustment:** Highly suitable DDS for long-acting antiretroviral (ARV) delivery, alone or in combination with other ARVs, or contraceptive (MPT)
- ❖ **User-friendly insertion:** Single subdermal insertion of multiple pellets, akin to an injectable depot
- ❖ **Manufacturing:** Small size, uses a simple, readily scalable, low-cost manufacturing process with FDA-approved excipients
- ❖ **Storage & stability:** No need for cold-chain storage or distribution



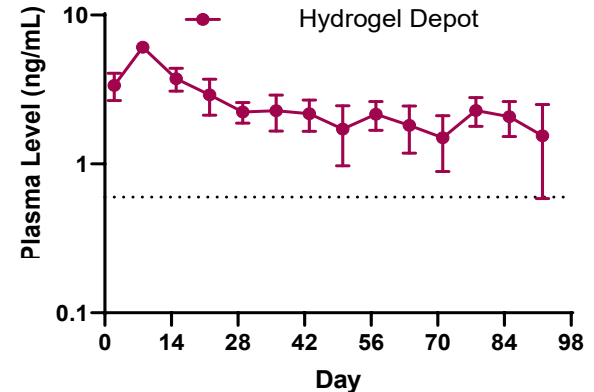
# Long-Acting Injectable Hydrogel Depot

## In situ gel forming depot platform

- Natural, FDA-recognized GRAS material
- Thixotropic gel is injectable & fully biodegradable
- Drug release tuned by controlling depot erosion
- Uses small gauge needle (~25 G) & smaller volume (1-2 mL)
- Can accommodate controlled-release of at least two ARVs or MPTs



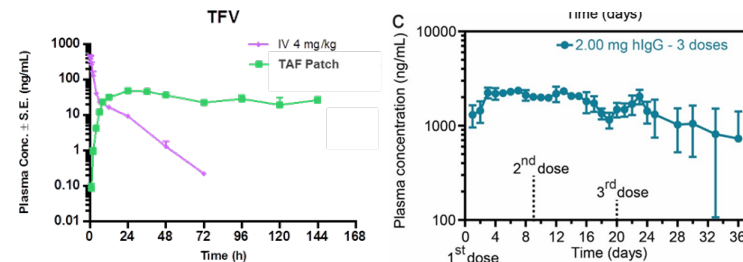
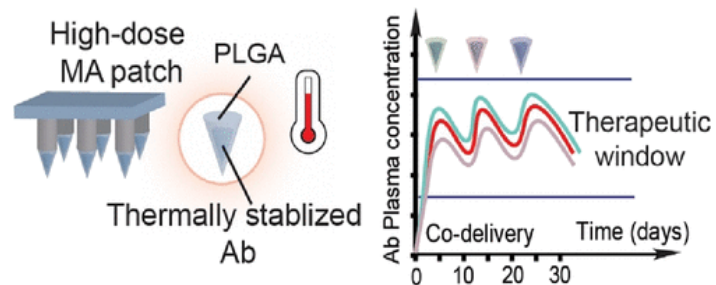
DelSiTech



# Transdermal MA Patch for Long-term ARV or Antibody (bnAb) Release

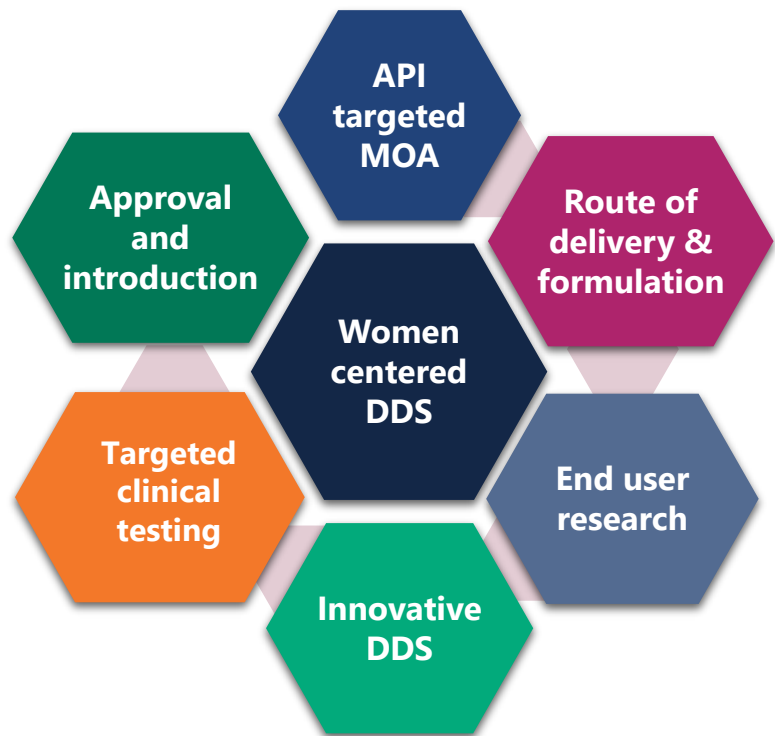


- + Minimally invasive, self-administrable
- + Benefits to supply chain, storage & distribution
- + Powder-filling drug loading method
- + High drug loading & tightly controlled, long-term release capability
- + PLGA-based core-only or core-shell microarrays
- + Sustained release of TAF via MA patch
- + Antibody stabilization via combination of excipients
- + Highly-controlled immediate or time-delayed release of ARVs and/or bnAbs for long-term prevention or treatment



**UConn**

# Summary and Conclusions



- Women's health biomedical interventions are in need of renewed innovative R&D efforts and the development of new DDS that are women centered
- Drug delivery can be local, within the reproductive tract, or systemic; vaginal drug delivery is underutilized
- Early incorporation of end user research in product development to define product attributes (TPP)
- Multiple DDS for a variety of WH indications are in development covering immediate and controlled API release for up to several months
- Innovative ways to control drug release and extend duration and early feedback from women, the end user, are essential to the successful introduction of new products in women's health

# Acknowledgements

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**USAID**  
FROM THE AMERICAN PEOPLE



Gates Foundation



UC<sub>HOOSE</sub>

**MATRIX**  
Advancing R&D of Innovative  
HIV Prevention Products for Women

