



# 3D Printing: an emerging technology to revolutionize topical drug delivery

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# Pharmaceutical Development Lab

Promoting the cooperation between  
academia and industry

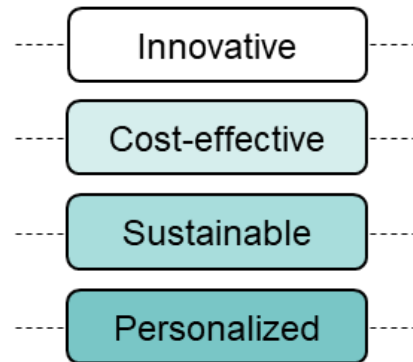
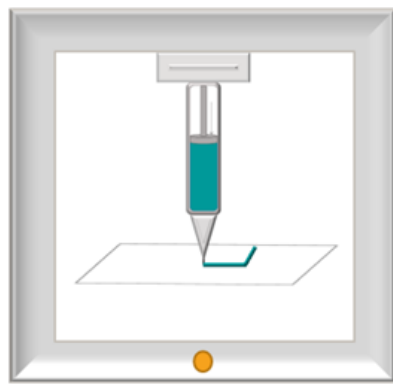




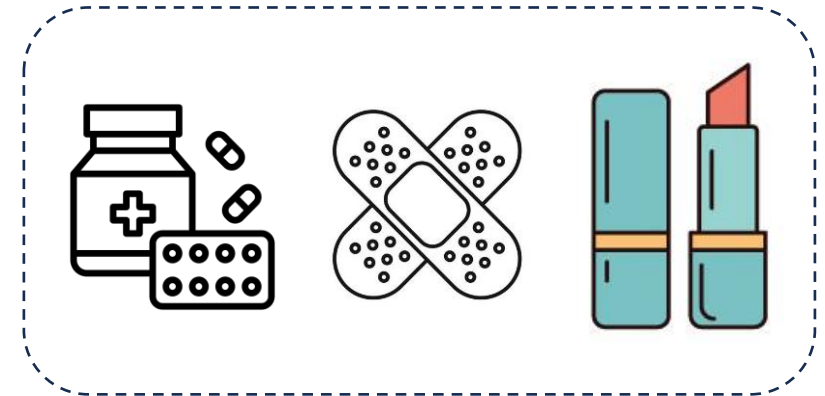
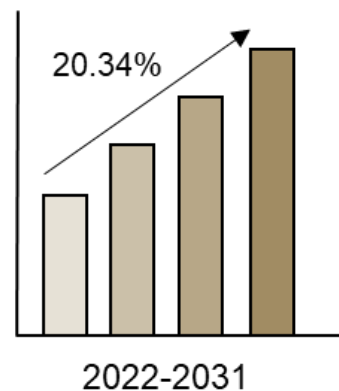
# Background

- 3D Printing: concept and application in topical drug delivery systems

**3D Printing: a reality in topical drug delivery systems?** It is revolutionizing and disrupting the concepts of one-size-fits-all and one-treatment-fits-all.



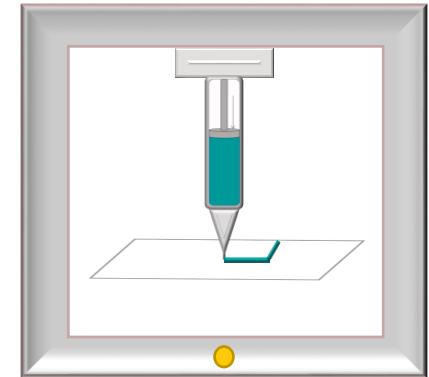
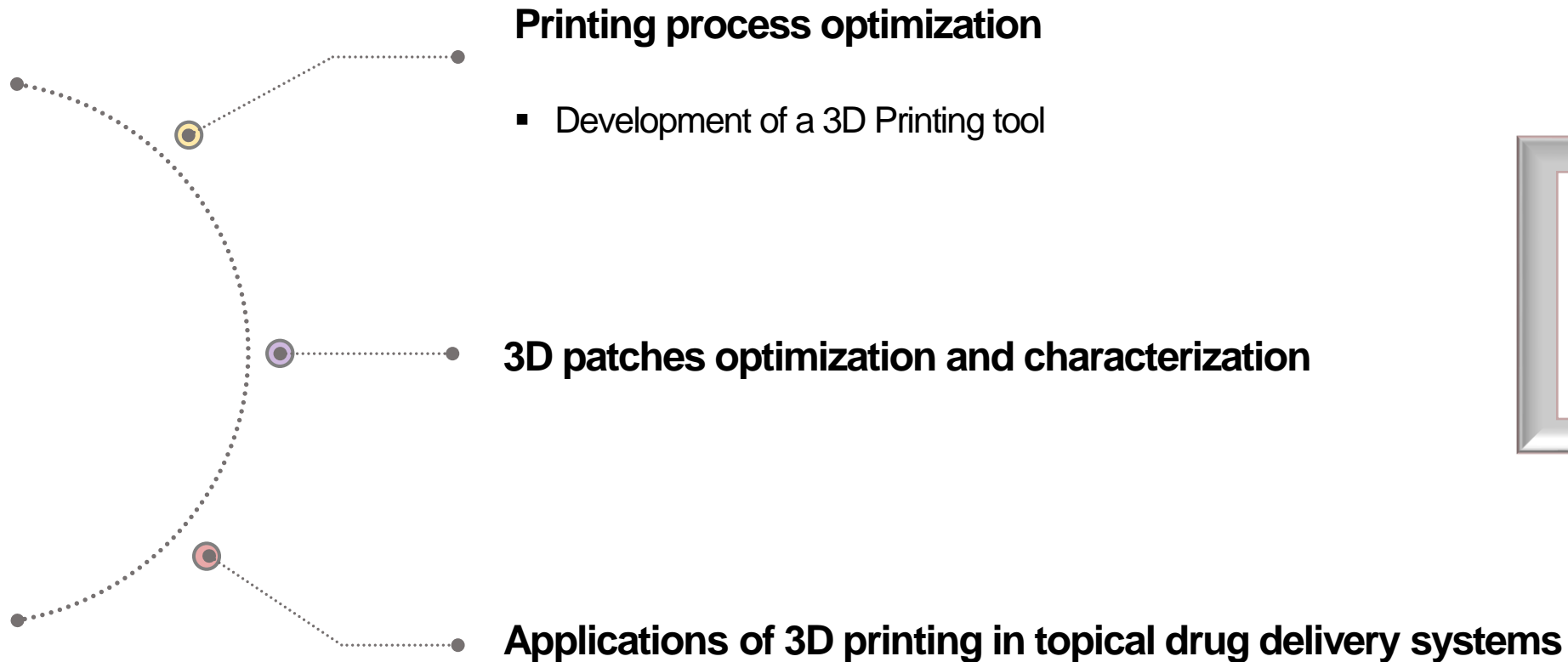
## 3D Printing Market



S. Bom, A.M. Martins, H.M. Ribeiro, J. Marto, Int. J. Pharm. 605 (2021) 1–20.  
N.P. Kim, J. Kim, M.S. Han, J. Cosmet. Med. 3 (2019) 94–101.

# Outline and aims

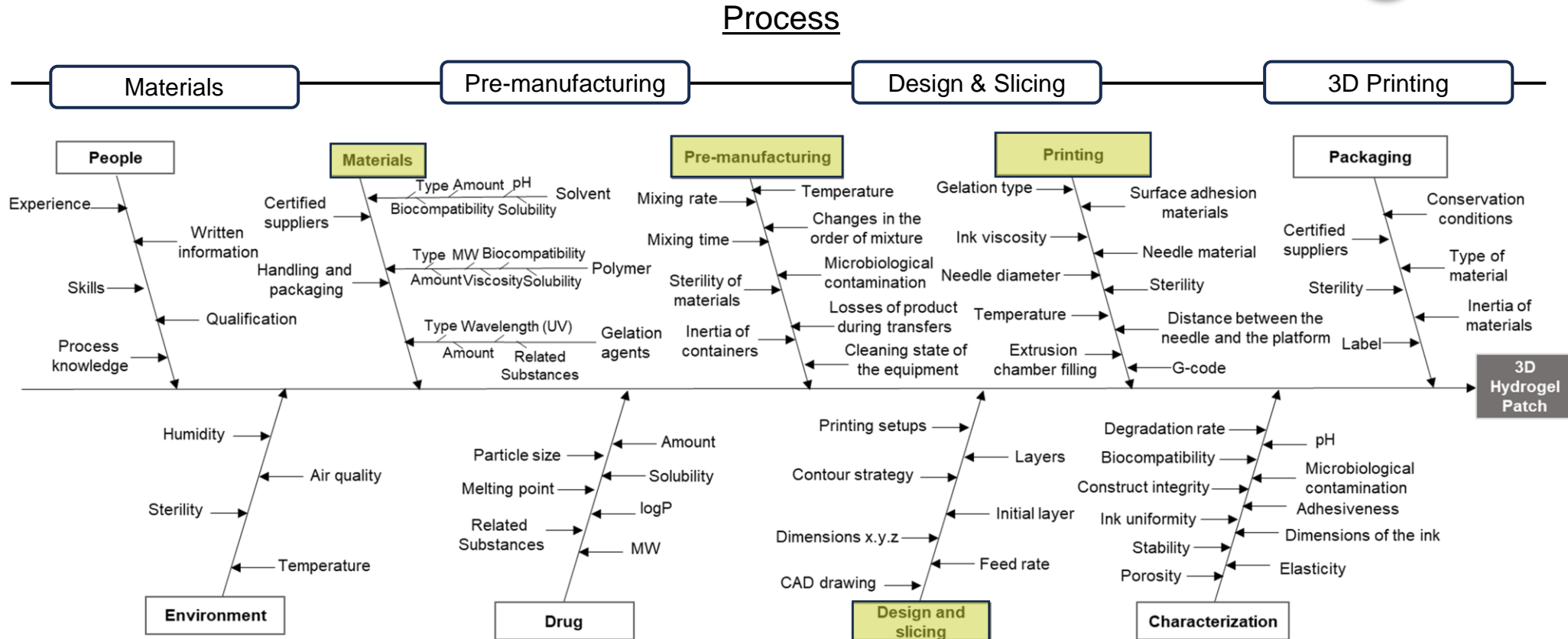
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# 3D Printing Optimization

- What, Why and How optimize the process?

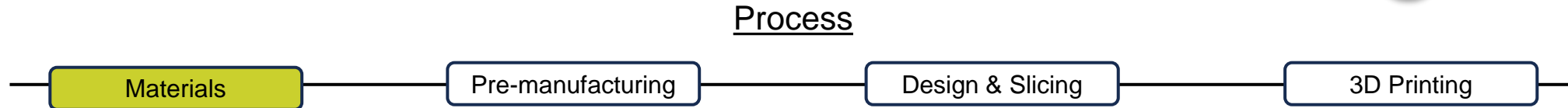
## 1 Risk Analysis



# 3D Printing Optimization

- What, Why and How optimize the process?

## 1 Risk Analysis



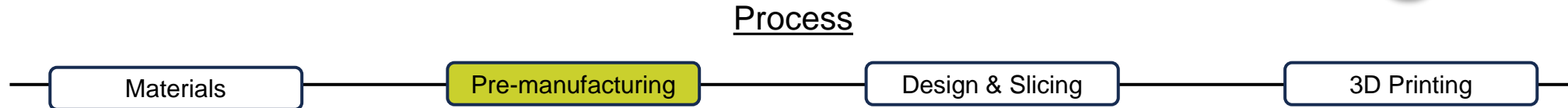
Failure Modes		Raw Materials Attributes			
		Solvent Amount	Polymer Amount	Bioactive or drug	
				Solubility	Amount
					Amount
Ink CQAs	Gelation Time	Low	High	Medium	Medium
	Porosity	Medium	High	Medium	Medium
	Printing Accuracy	Medium	High	Medium	Medium
	Printing Fidelity	Medium	High	Medium	Medium
	Flexibility	Medium	High	Medium	Medium
	Adhesiveness	Medium	Medium	Medium	Medium
	Mechanical strength	Medium	Medium	Medium	Medium
	Release rate	Medium	Medium	Medium	Medium



# 3D Printing Optimization

- What, Why and How optimize the process?

## 1 Risk Analysis

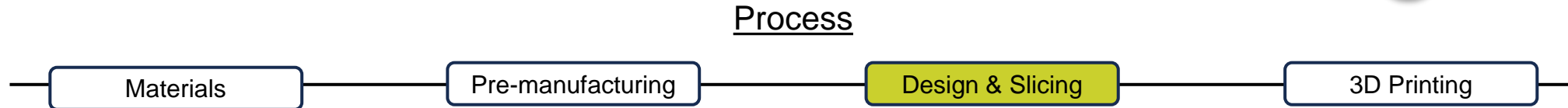


Failure Modes		Process Parameters		
		Pre-manufacturing (Formulation production)		
		Temperature	Mixing rate	Time
Ink CQAs	Gelation Time	Medium	Low	Medium
	Porosity	Medium	Low	Medium
	Printing Accuracy	Medium	Low	Medium
	Printing Fidelity	Medium	Low	Medium
	Flexibility	Low	Medium	Low
	Adhesiveness	Low	Low	Low
	Mechanical strength	Low	Medium	Medium
	Release rate	Low	Medium	Low

# 3D Printing Optimization

- What, Why and How optimize the process?

## 1 Risk Analysis



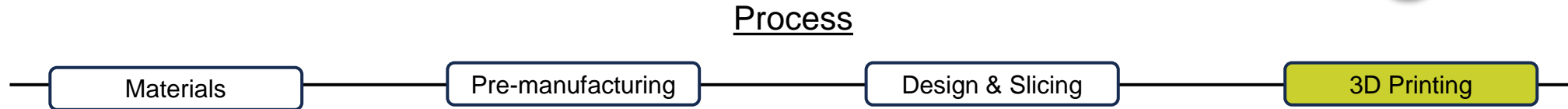
Failure Modes		Process Parameters						
		Design and slicing						Number of layers
		Line width	Wall line count	Layer Height	Structure	Infill density (%)	Dimensions (x,y,z)	
Ink CQAs	Gelation Time	Low	Low	Medium	Medium	Medium	Medium	Medium
	Porosity	Medium	Medium	Medium	Medium	High	High	Medium
	Printing Accuracy	Medium	Medium	Medium	Medium	High	High	Medium
	Printing Fidelity	Medium	Medium	Medium	Medium	High	High	Medium
	Flexibility	Low	Low	Medium	Medium	Medium	Medium	Low
	Adhesiveness	Low	Low	Medium	Medium	Medium	Medium	Low
	Mechanical strength	Low	Low	Low	Medium	Medium	Low	Medium
	Release rate	Medium	Medium	Medium	Medium	High	Medium	Medium



# 3D Printing Optimization

- What, Why and How optimize the process?

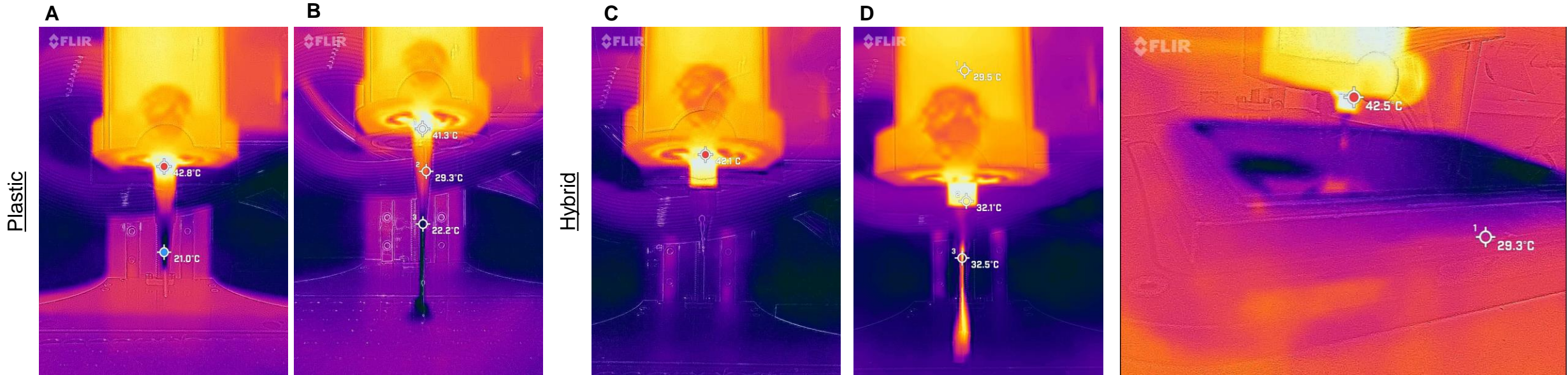
## 1 Risk Analysis



Failure Modes		Process Parameters							
		3D Printing							
		Printing temperature	Environment temperature	Pressure	Needle material and diameter	Distance between the nozzle and the platform	Ink viscosity	Surface adhesion materials	Extrusion chamber filling
Ink CQAs	Gelation Time	High	High	Low	Low	Low	Low	Low	Low
	Porosity	High	High	High	Medium	Medium	Medium	Medium	Medium
	Printing Accuracy	High	High	High	Medium	Medium	Medium	Medium	Medium
	Printing Fidelity	High	High	High	Medium	Medium	Medium	Medium	Medium
	Flexibility	Low	Low	Low	Low	Low	High	Low	Low
	Adhesiveness	Low	Low	Low	Low	Low	High	Low	Low
	Mechanical strength	Low	Low	Low	Low	Low	Low	Low	Low
	Release rate	Low	Low	Low	Low	Low	Medium	Low	Low

# 3D Printing Optimization

- What, Why and How optimize the process?

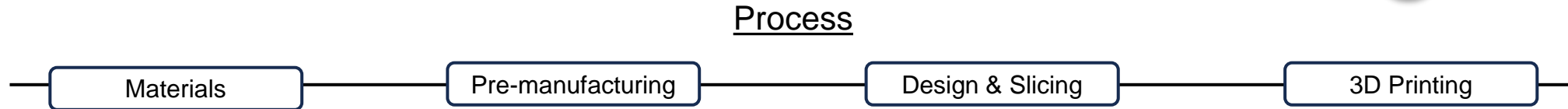


# 3D Printing Optimization

- What, Why and How optimize the process?

1

Risk Analysis



**In short, it is fundamental to control the:**

- Polymer amount
- Ink Rheology
- Patch Design
- Printing settings

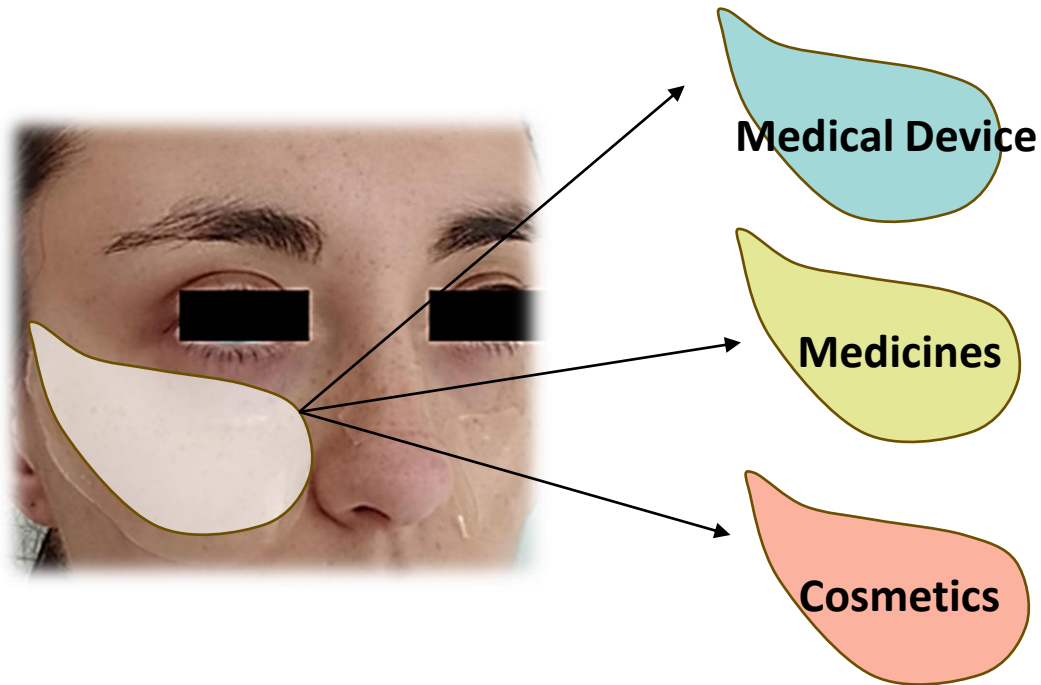


# Characterization

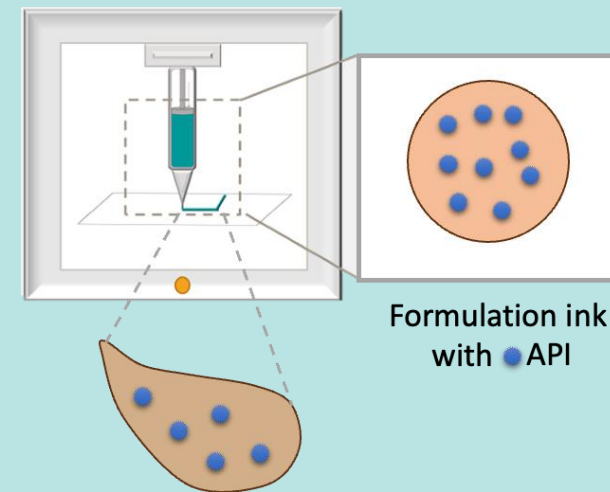


# Applications - From a simple formulation to complex structures

From a 3D hydrogel patch, different patches can be followed:



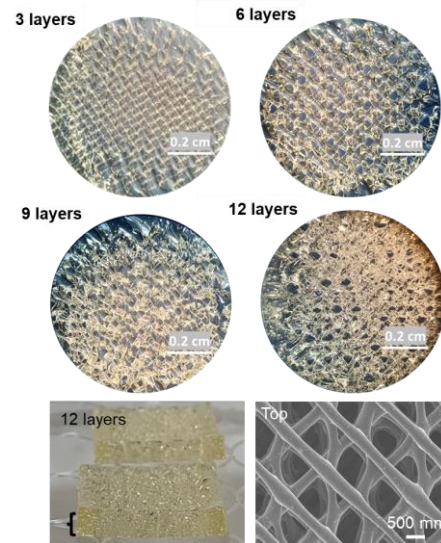
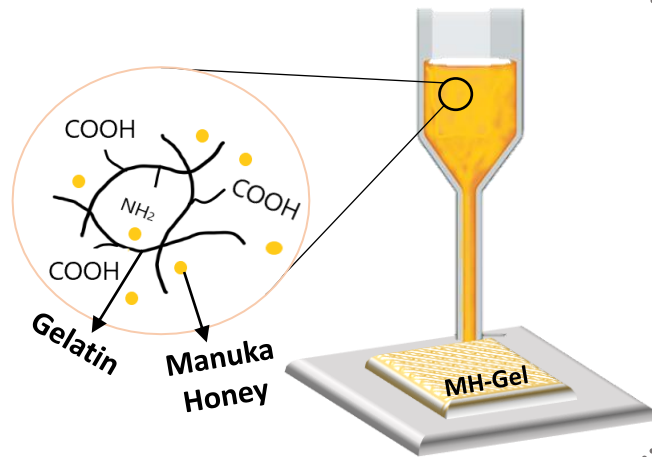
**Versatile Formulation** can be used in **3D Printing** to create personalized patches for different types of treatments



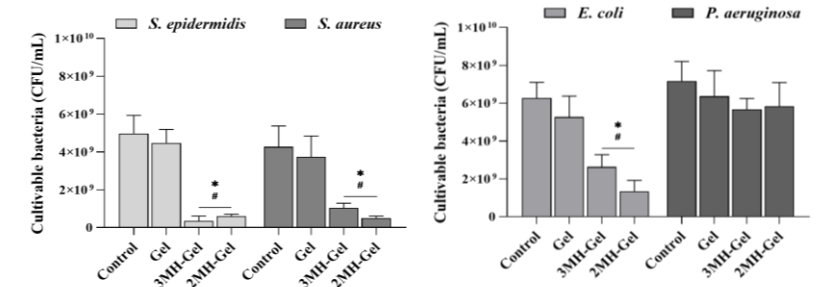
# Applications

## Wound healing treatment

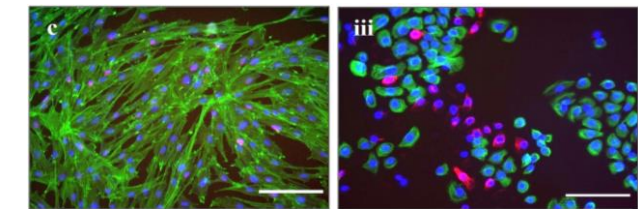
Manuka Honey



## Antibacterial activity



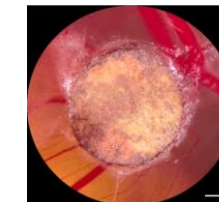
## Cytocompatibility



Human dermal fibroblasts

Human epidermal keratinocytes

## In vivo Angiogenesis



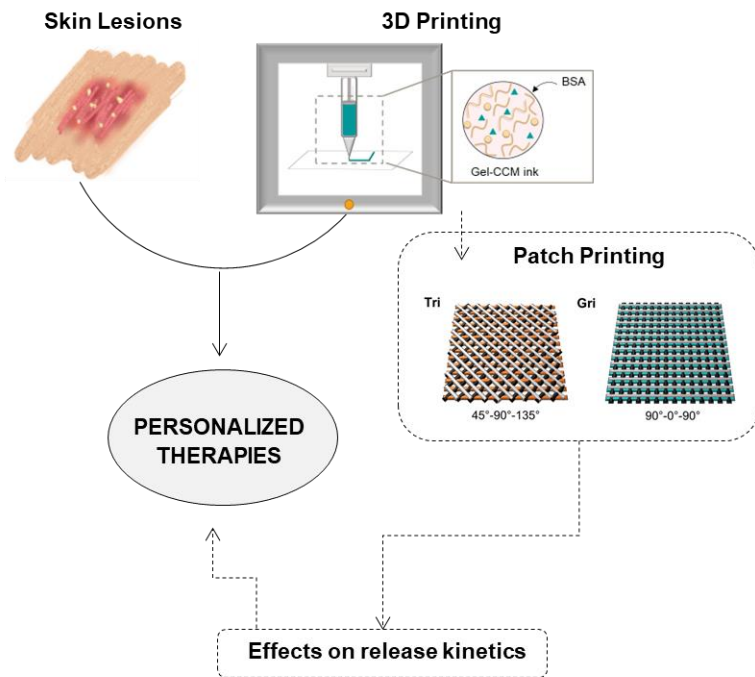
- The 3D Manuka-Gelatin base patches not only have **antibacterial activity** but also **not induce cytotoxicity** against human dermal fibroblasts and human epidermal keratinocytes and did **not induce irritation on HET-CAM tests** and **slightly promoted angiogenesis**.



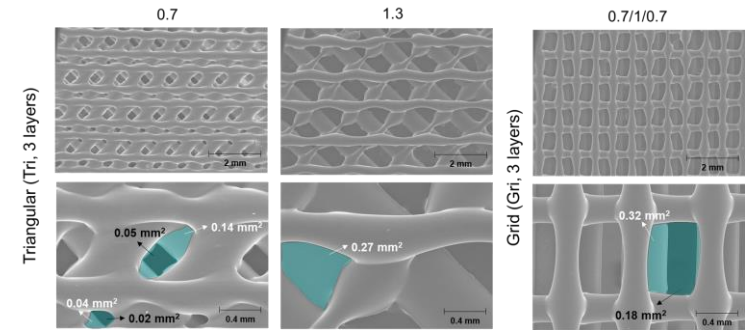
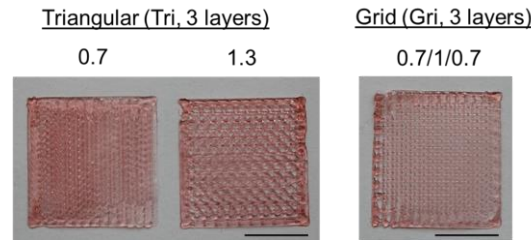
# Applications

## Cell-free treatment

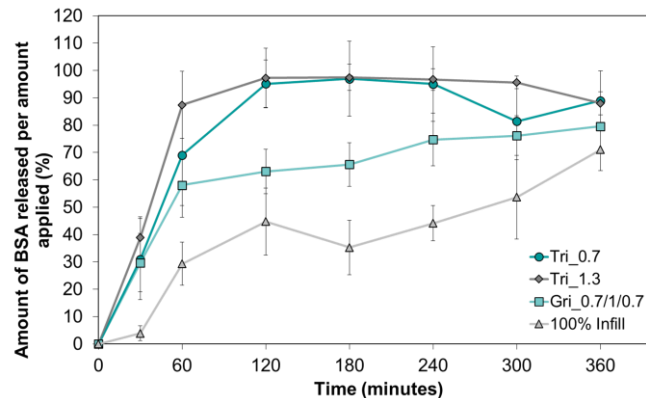
Bovine Serum Albumin  
(model bioactive)



## 3D Patches Characterization



## In vitro release

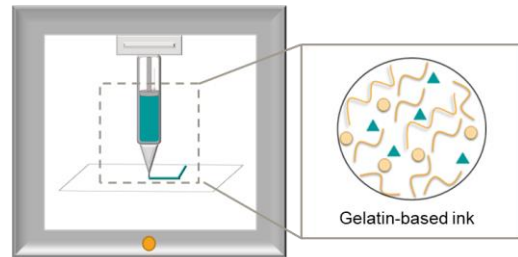


- Insights into **design-dependent release modulation** strategies;
- 3D technology allows rapidly producing patches with different release profiles, depending on the skin's needs.

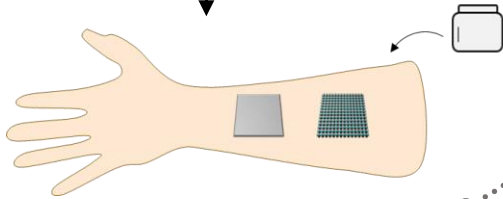
# Applications

## ■ Cosmetic: Moisturizer

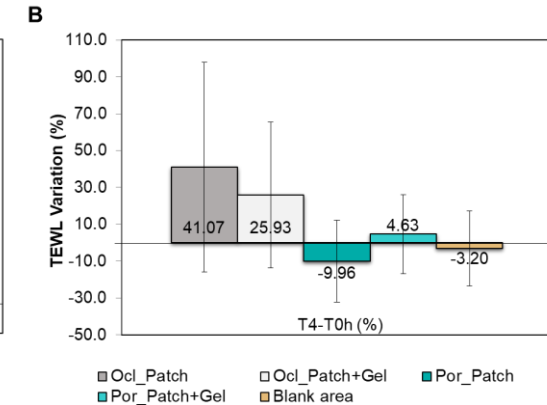
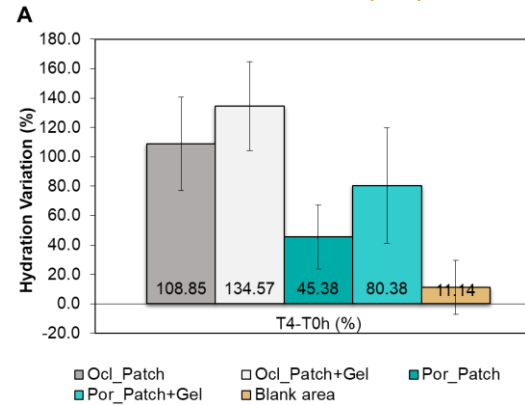
### Hydration Efficacy



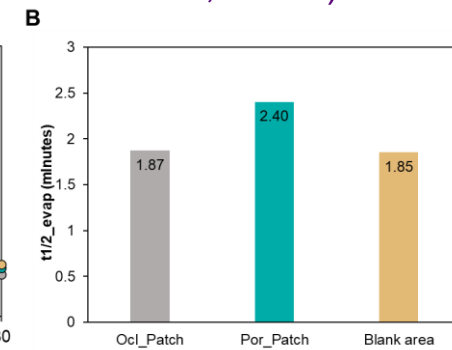
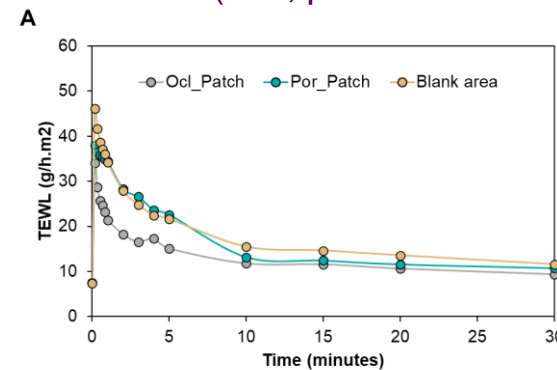
Ocl vs Por patches



### Under no-occlusion (4h)



### Under occlusion (24h; plastic occlusion stress test, POST)

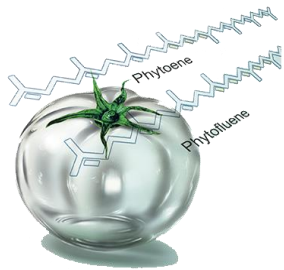


- **Modulate** the hydration rate and control the TEWL by adjusting the skincare mask's internal geometry.

# Applications

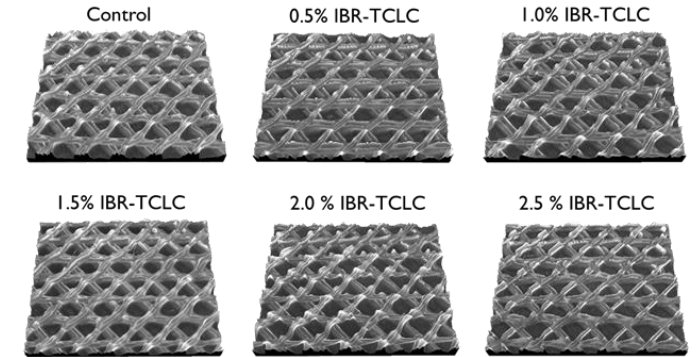
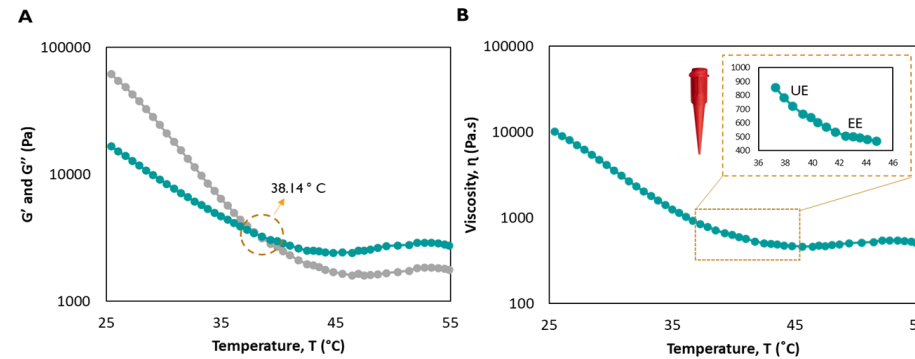
## ■ Cosmetic: Anti-aging

IBR-TCLC

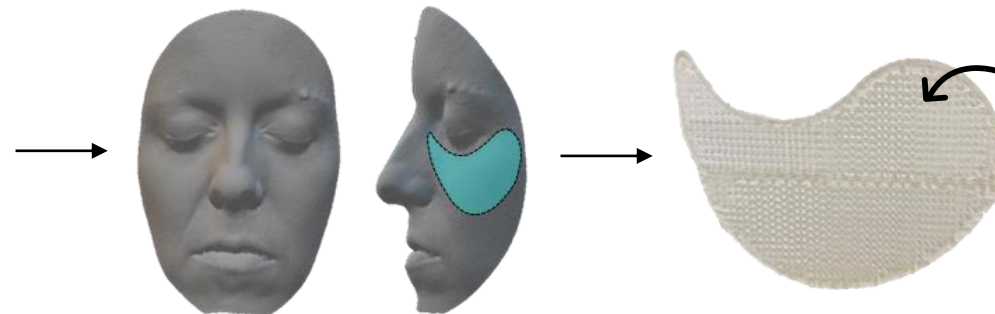
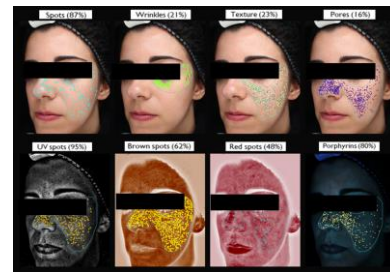


**IBR-TCLC®** - Purified tomato extract with recognized **antioxidant** and **anti-aging** properties

## Rheological and Topographic analysis



## Anti-aging 3D-printed eye patch



**Gelatin-IBR-TCLC®**  
3D printed patch

- The adoption of an **adequate printing optimization strategy (from rheology to process settings)** is fundamental to achieve reproducible and high-quality patches that cater the skin needs.

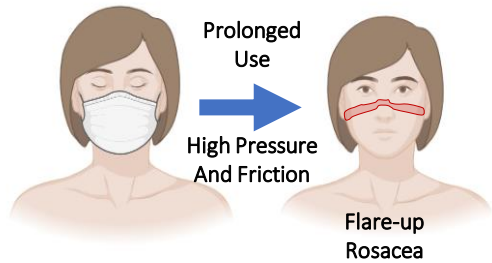


# Applications

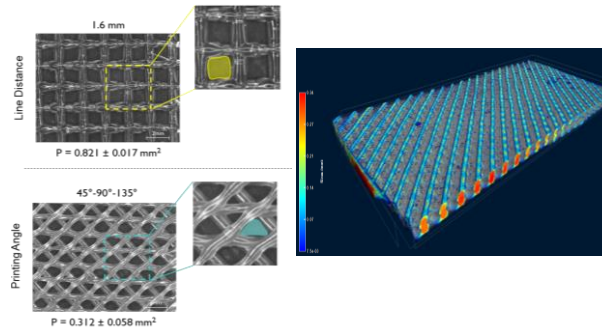
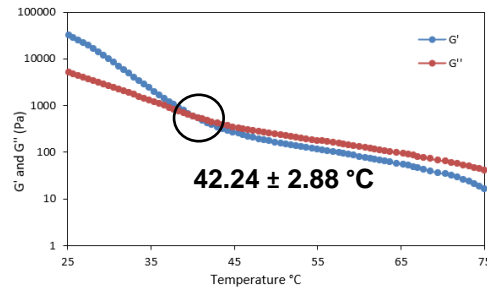
## Flare-up rosacea treatment

Metronidazole

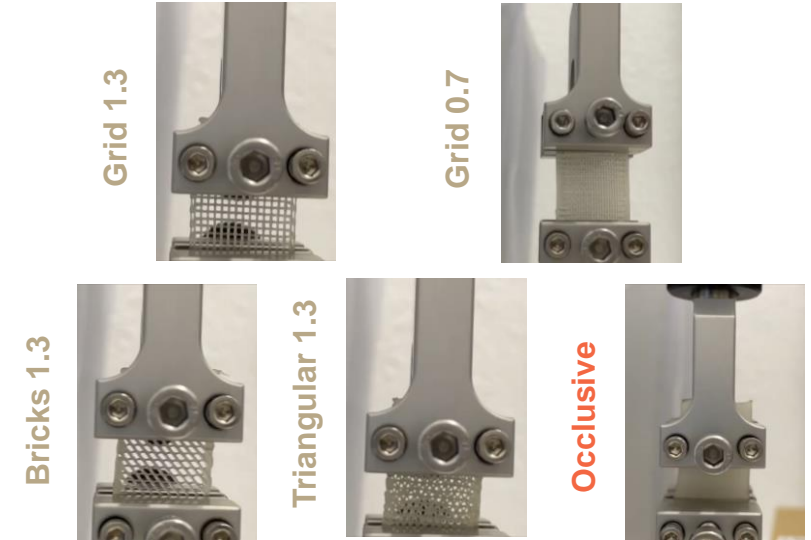
### Rheological and Topographic analysis



Gelatin-based ink  
with metronidazole  
(1%, w/w)



### Influence of internal design and line distance

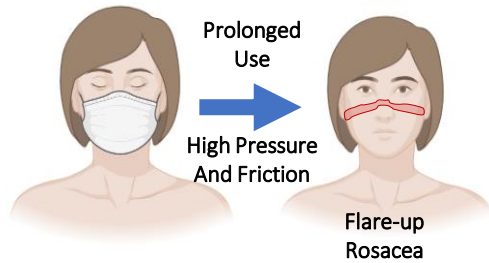


- The **bricks and triangular** design-patches showed the highest tensile strength, followed by the occlusive and grid ones
- Decreasing the **line distance (1.3 to 0.7)** increased the resistance of patches to breakage in **69.8%**. The **occlusive** ones showed the highest tensile distance (72 mm)

# Applications

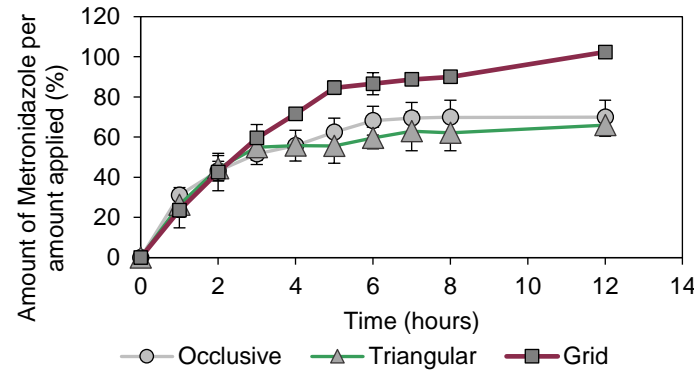
## ■ Flare-up rosacea treatment

Metronidazole

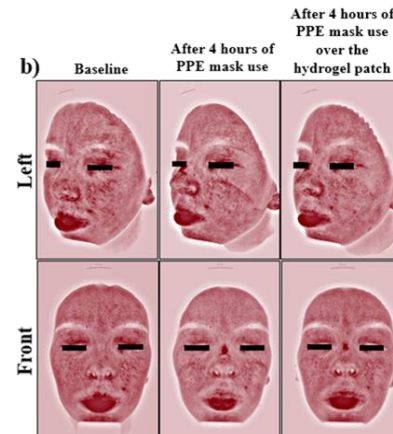
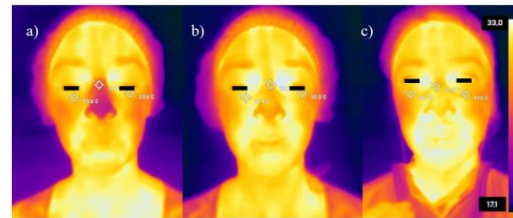


Gelatin-based ink with metronidazole (1%, w/w)

*In vitro* release Vertical diffusion Franz cells; 32 °C



*In vivo* efficacy



- Different designs have different forms of release providing personalized treatment

- Facial skin temperature values obtained when the hydrogel patch was placed underneath the mask, from the baseline values. In contrast, increase in skin hydration and attenuation of frontal red areas.

# Conclusions and Future Work

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## Highlights

- Insights into the practicality of using 3DP to modulate the compounds' release by employing straightforward construction design strategies;
- 3D printing technology offers the necessary versatility to quickly modify and adjust the vehicle to the different requirements of various treatments;

## Ongoing and Future Work

- Explore *in vivo* the influence of different internal designs on the penetration profile and efficacy;



# Questions

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